
GLUTEN FREE MENU

STARTERS

OLIVE Marinated Sicilian olives	£3.65	GAMBERONI CIBO Tiger prawns, chilli, garlic, butter, white wine	£10.50
CAPRESE Vine tomatoes, rocket, buffalo mozzarella D.O.P, basil pesto, extra virgin olive oil, oregano	£10.50	PARMA CON RUCOLA Parma ham, rocket, parmigiano reggiano, extra virgin olive oil	£6.95

MAINS

POMODORO Tomato sauce, basil	£9.95	BOLOGNESE Beef ragu	£10.95
PROFUMO DI MARE Mussels, clams, squid, king prawns, cherry tomato sauce, garlic, chill	£17.50	MARE E MONTI King prawns, porcini mushrooms, tomato, cream	£14.50
RISOTTO AI PORCINI Mushrooms, porcini mushrooms, parmigiano reggiano	£12.00	INSALATA ITALIANA Lettuce, tomato, grilled vegetables, onions, oregano, balsamic dressing	£9.95
PESCE SPADA ALLA GHIOTTA Grilled swordfish, tomato, olives, capers, herb roasted potatoes, mixed leaves	£16.95	ZUPPA DI PESCE Today's market fish, tomato, garlic, chilli, parsley	£15.50
TAGLIATA DI MANZO 10oz Ribeye steak, rocket, cherry tomatoes, basil pesto, parmigiano reggiano, herb roasted potatoes	£23.00	POLLO E FUNGHI Chicken breast, porcini mushrooms, herb roasted potatoes, rocket	£13.00

*Our gluten free menu is designed for those with allergies/intolerances to gluten only.
We use flour and other ingredients containing gluten in our kitchens and unfortunately it is not
possible to guarantee our busy kitchen is 100% allergen/contamination free.
Please ask your server for the choice of pasta type available.*